


Risk Assessment																	
Club		LIVERPOOL VICTORIA					Date:		Thursday, July 30, 2020								
Author		S FAIRBANKS					Rev:		3								
 BRITISH ROWING																	
No:	Hazard	Reduce probability a Hazard causing a Hazardous Event		Hazardous Event	Reduce the Severity of Harm		Harm	Severity (1-5)	Probability (A-E)	Level of Risk (L/M/S/I)	Action Owners						
		Barriers	Action to maintain barriers		Controls	Action to maintain controls					Club Chairman	Club RSA	Coaches	Coxes	Other		
Travel to the club																	
1	exposure to Covid 19 by public transport or in a car with someone from a different household	other people wear a mask or face covering	general advice to the public	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial						X	
2		everyone maintains social distancing			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial							X
3		people with symptoms self-isolate					lifechanging illness or death	5	B	Substantial							X
4	exposure to Covid 19 in private a car when travelling to or from the club	ensure that cars contain members of one household only	Club advice to rowers and coaches, and new club rules	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	A	Low	X	X					
5					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	A	Low	X	X					
6							lifechanging illness or death	5	A	Moderate	X	X					
7	exposure to Covid 19 when walking or cycling to the club	other people wear a mask or face covering	general advice to the public	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	A	Low						X	
8		everyone maintains social distancing			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	A	Low						X	
9		people with symptoms self-isolate					lifechanging illness or death	5	A	Moderate						X	
10	exposure to Covid 19 when using the club changing facilities	close the changing facilities so that they cannot be used	Club advice to rowers and coaches, and new club rules	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	A	Low	X	X					
11		advise rowers to travel to the club wearing the kit that they intend to row in and to travel home to shower and change			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	A	Low	X	X					
12							lifechanging illness or death	5	A	Moderate	X	X					
Accessing equipment in the Boathouse and returning the equipment after use																	
13		Ensure that everyone who has been exposed does not visit the boathouse									X	X					

14	person shedding virus has been in the boathouse within the last three days	limit the number of people in the boathouse at any one time (no more than 2 people per bay).	Club advice to rowers and coaches, and new club rules. Provide the equipment needed. (Disinfectant can be consist of a dilute solution of bleach in water.) Display the hand washing poster.	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X								
15		mark points on the safety launch for people to take hold so they can make sure that are social distancing											X	X						
16		at the start and end of each visit disinfect all surfaces (doors, locks, window catches, taps, etc.) that will be touched												X	X					
17		ensure that everyone in the boathouse maintains social distancing (>2 metres or >1m with a face mask)							NHS does not become overwhelmed with cases	severe illness	4	B	Moderate	X	X					
18		keep the boathouse well ventilated (open all doors and windows in the boathouse, switch on all mechanical ventilation (if any))												X	X					
19		Wash hands thoroughly at the start of each outing and before leaving to travel home						treatment by NHS						X	X					
		keeping a record of what times members have been at the club in the last 21 days to assist with NHS Track and Trace.												X	X					
	clearly marked one-way system in the clubs throughways					NHS does not become overwhelmed with cases	lifechanging illness or death	5	A	Moderate	X	X								
20	exposure within the clubhouse	only allow access to the clubhouse when people have booked to use the gym									X	X								
		recommend that people wear face coverings when indoors									X	X								
21	contaminated surfaces (boats, etc) within the boathouse	Wipe boats and other rowing kit with disinfectant the start and end of each period of use (i.e. before and after each person uses the equipment). Wear protective gloves when using disinfectant.	Club advice to rowers and coaches, and new club rules	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X								
22									severe illness	4	B	Moderate	X	X						
23		If possible, store the boats that are most likely to be used outside so as to minimise the need for people to enter the boathouse.						treatment by NHS	NHS does not become overwhelmed with cases	lifechanging illness or death	5	A	Moderate	X	X					
24	person who is shielding visits the boathouse	Do not permit a person who is shielding to visit the boathouse	government advice to people who are shielding and new club rules	person who is shielding becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X								
25										severe illness	4	B	Moderate	X	X					
26									treatment by NHS	NHS does not become overwhelmed with cases	lifechanging illness or death	5	A	Moderate	X	X				
Going Afloat or landing																				

27	someone present is shedding the virus or has been in contact with someone else who is	ensure that group sizes remain at twelve people or less through a booking system	Club advice to rowers and coaches, and new club rules. Display the hand washing poster.	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X									
28		mark points on the safety launch for people to take hold so they can make sure that are social distancing			rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X									
29		ensure that the crew of the safety launch wears Grade 1 PPE (gloves, apron and mask) and has a spare mask			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	B	Moderate	X	X									
30		ensure that the social distancing (>2m or >1m if necessary with a face mask as an extra precaution)			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	B	Moderate	X	X									
31		frequent thorough hand washing in warm soapy water			treatment by NHS	NHS does not become overwhelmed with cases	lifechanging illness or death	5	A	Moderate	X	X									
32		instructions to make sure that all boats are disinfected and rowers only clean their own equipment			treatment by NHS	NHS does not become overwhelmed with cases	lifechanging illness or death	5	A	Moderate	X	X									
Rowing or Sculling																					
33	someone present is shedding the virus or has been in contact with someone else who is	maintain social distance between boats	Club advice to rowers and coaches, and new club rules	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X									
34		use 1xs, 2xs or 2-s, if larger boats are used then ensure that all rowers and cox are from the same household.			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	B	Moderate	X	X									
35		use 1xs, 2xs or 2-s, if larger boats are used then ensure that all rowers and cox are from the same household.			treatment by NHS	NHS does not become overwhelmed with cases	lifechanging illness or death	5	A	Moderate	X	X									
Use of the toilets																					
36	someone present is shedding the virus or has been in contact with someone else who is	only allow one person in the toilets at any one time	Club advice to rowers and coaches, and new club rules. Provide disinfecting materials and instructions	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X									
37		Ensure that the toilet windows are opened so that the toilets are well ventilated.			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X	X									
		person using the toilets disinfects every surface			treatment by NHS	NHS does not become overwhelmed with cases															
Use of the gym																					
		(including the toilet seat) before and after each use																			
39	someone present is shedding the virus or has been in contact with someone else who is	using floor markings to mark 2m spacings between equipment	Club advice to rowers and coaches, and new club rules	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X									
40		booking system used to limit the number of people using the space at the same time			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	B	Moderate	X	X									
41		extractor fans turned on an hour before and after each session			treatment by NHS	NHS does not become overwhelmed with cases	lifechanging illness or death	5	A	Moderate	X	X									
42	contaminated surfaces (boats, etc) within the	visual reminders to clean equipment with disinfectant before and after use	Club advice to rowers and coaches, and new club rules	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X									

43	boathouse	cleaning of light switches with disinfectant after each session	coaches, and new club rules	with COVID-19	treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	B	Moderate	X	X				
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		People		Assets
Severity	1	Slight injury or health effect <i>(Requires little or no treatment; no need to take time off rowing or training)</i>	Minor damage to equipment (<£100)	
	2	Minor injury or health effect <i>(Requires First Aid or rest; potentially a few days off rowing or training)</i>	Damage repair costs low (£500)	
	3	Moderate injury or health effect <i>(Requires treatment beyond simple First Aid; potentially a week or so off rowing or training)</i>	High damage repair costs (>£1000)	
	4	Major injury or health effect <i>(Requires hospital treatment for more than one day; potentially a few weeks off rowing or training)</i>	Very high damage repair costs <i>(loss of boat, 3rd party damage)</i>	
	5	Fatality or Life Threatening Injury or Health Effect <i>(could end a rowing career or cause hospitalisation for a few months)</i>	Major damage & major costs <i>(loss of several boats, high 3rd party damage)</i>	
		Low	An acceptable level of risk. No additional barriers/controls ; Start or continue the activity bu	
		Moderate	An acceptable level of risk that Implement additional barriers/c Start or continue the activity wil	
		Substantial	An unacceptable level of risk. Improve the barriers/controls a Do not start or continue the act	

			Intolerable	An unacceptable level of risk. Improve the barriers/controls at Do not start or continue the act
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BRITISH ROWING

Probability			
A	B	C	D
Highly improbable <i>(has not been known to happen in rowing)</i>	Improbable <i>(has been known to happen in rowing)</i>	Possible <i>(could happen to about 1% of the club's active members per decade)</i>	Probable <i>(could happen to about 1% of the club's active members per year)</i>
Low	Low	Low	Low
Low	Low	Low	Moderate
Low	Low	Moderate	Substantial
Low	Moderate	Substantial	Intolerable
Moderate	Substantial	Intolerable	Intolerable

are required.
 t check that the current barriers/controls remain effective.

should be reviewed.
 ontrols to reduce the risk if the opportunity arises.
 th care.

nd allocate resources to reduce the risk.
 ivity until the risk has been reduced.

nd allocate resources to reduce the risk.
ivity until the risk has been reduced. Prohibit the activity if it is not possible to reduce the risk.

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E

Highly probable (<i>could happen to about 10% of the club's active members per year</i>)

Moderate

Substantial

Intolerable

Intolerable

Intolerable

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1	A		Phone to summon assistance
2	B		Navigation rules
3	C		Cox, bow steer competence
4	D		Club rescue launch
5	E		
1A	Low		
1B	Low		
1C	Low		
1D	Low		
1E	Moderate		
2A	Low		
2B	Low		
2C	Low		
2D	Moderate		
2E	Substantial		
3A	Low		
3B	Low		
3C	Moderate		
3D	Substantial		
3E	Intolerable		
4A	Low		
4B	Moderate		
4C	Substantial		
4D	Intolerable		
4E	Intolerable		
5A	Moderate		
5B	Substantial		
5C	Intolerable		
5D	Intolerable		
5E	Intolerable		


X	Launch
	Capsize drill
	Steering competence
	Coaching

Club Chairman	Club RSA

Coaches	Coxes



BRITISH ROWING

<p>barriers/controls remain effective.</p>				
<p>if the opportunity arises.</p>				
<p>reduce the risk. risk reduced.</p>		<p>BRITISHROWING</p>		
<p>reduce the risk. risk reduced. Prohibit the activity if it is not possible to</p>				
